

## FOREWORD

I am delighted to write this foreword for the book *"Aquatic Animals in Homeopathy"* by Roberto Petrucci and Viktoria Nemeth. When Roberto and Viktoria asked me to contribute, I was not only honored but also inspired. I hope this book will encourage readers to explore new approaches to studying and applying clinical insights into remedy families. Living by a lake, surrounded by water and fish, I feel uniquely connected to the subject matter and well-suited for this task.

I've thoroughly read and studied this book, which presents remedies using the EKAPGPS classification method—a system with clear and precise logic.

Many who study remedy families often find themselves overwhelmed, especially if they come from a traditional homeopathic background. This confusion stems from a variety of factors: different authors classify families in different ways, information is often scattered or redundant, and the lack of structure makes it hard to grasp the hierarchy of information, which is critical for clinical practice.

EKAPGPS introduces a structured, step-by-step approach that I find both logical and effective. It begins with the **Environment**, moves through the **Kingdom**, the **Attitude**, the **Period** of the periodic table, then the **Group**, the **Part** (subgroups), and finally the **Substance** (remedies). This framework provides a comprehensive and organized way for homeopaths to navigate the vast and complex study of remedies while examining families from every angle.

For each level of classification, the book identifies eight key characteristics known as the **"8Essentials."** These essentials, either confirmed through clinical practice or presented for further validation, highlight the most defining aspects of each section and remedy, offering readers valuable insights.

Beyond its focus on remedies, the book explores the element of water in depth, covering its symbolism, physical properties, and its significance across various cultures and traditional medical systems. It also systematically catalogs animal groups, subgroups, and remedies associated with the water element.

The EKAPGPS framework, showcased so effectively in this book, bridges the gap for homeopaths with a classical orientation, offering a new strategy that feels like a natural evolution of traditional repertorization. It integrates and enhances the classical approach, providing a fresh, logical way to study remedies.

This book is engaging, well-researched, and clearly written. It not only explains the **"8Essentials"** for the remedies but also demonstrates a methodology that can be extended to other environments, kingdoms, and substances.

I wish you an enjoyable read and productive study!

**Dr. Carlo Maria Rezzani**

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