Alize Timmerman 2025

Content	
Preface	2
Gifts of the Mother	
Lac Humanum - The Milk of the Mother	6
Placenta humanum - The Mother cooky	25
Amniotic Fluid - Water for the Fruit	39
Amniotic Fluid and Lac Humanum - Nurture and Connection	49
Umbilical Cord - To "cut" to brake free	54
Oxytocin - A Touch of Love after a Lack of Connection	75
Vernix caseosa - Protect me and I will protect you	92
Menstrual Blood - The Wise Wound	103
Supportive Remedies - Gifts of the Mother	122
Sepia - Triturated Remedies and Female development	123
Carbo's - The unseen vital force	135
Diamond- We are all meant to shine	157
Hippocampus kuda - Integrating the female & male principle	172
Buddleia davidii - a Tool for Trauma Treatment	178