

Amniotic Fluid and Lac Humanum Nurture and Connection

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Summary

Both these remedies can enable us to restore our connection with our source, our inner self, Lac humanum and Amniotic Fluid are remedies strongly connected to the female aspect of society. To understand their nature, we must go back to ancient times, when the female aspect in society was much stronger.

Amniotic Fluid and Lac humanum

Amniotic Fluids engulf the fetus before birth, protecting and in a way enabling the feeding the unborn child. After birth, in normal situations, the mother feeds the child with her own milk. Milk, not only containing nutrients, but also a wide variety of protecting substances, hormones etc. As remedies, the two have on the one hand successive fields of action, but on the other hand each can be used in all stages of the human development. Both remedies can enable us to restore our connection with our source, our inner self. Lac humanum and Amniotic Fluid are remedies strongly connected to the female aspect of society. To understand their nature, we must go back to ancient times, when the female aspect in society was much stronger.

In the stone age, the mother symbolized the goddess, giving, nurturing, in fact, life itself. In matriarchal societies as were found tens of thousands years ago, the mother was the central figure in the society. In the extended family, then being the core unit of human organization, the women (grandmother, mother, and daughter) were the caretakers and the preservers of the lifecycle in the clan. The archetypical mother as a goddess was the symbol of the ancestral soul, but also was the symbol for the then perceived abundance. An abundance big enough to build future generations on. In the motherland life was all about sharing of resources in order to sustain our lifecycle, from birth to death (1).



. 1. Goddess (stone age)

Lac humanum works when feelings of loss are dominant.

Loss of the connection with your own mother, with your karma, with the values of the symbolic mother. One feels alone, not related or connected. These are typical situations where *Lac humanum* works.

These feelings can originate from psychological traumas, broken relationships, but also from forms of insensibility. *Lac humanum* helps to restore your individuality, to become independent, to breach unwanted connections or get out of a symbiosis. Having a free choice between being with somebody or being alone. It helps to cross the bridge from childhood (and total security) toward independency.

To grow from girlhood into motherhood. *Lac humanum* will help undernourished children, with eating disorders and assimilation disorders, to regain a normal processing of food in the intestines. Desire for milk and chocolate indicates the wish for a caring environment, warmth and mothering.

In general *Lac humanum* also is a remedy for disorders in the assimilation of food, and for abdominal pains. It will help to restore the natural balance in the intestines, and in the intestinal flora. Hence it also works for some allergies, because it enables the body to process substances entering the intestinal tract adequately and in a healthy way.

Lac humanum often is the concluding remedy when a patient is treated with one of the other Lacs. In these situations, when the other Lac has done its work, *Lac humanum* will bring the patient to the "steady state", the balanced situation belonging to this specific patient.

Amniotic Fluid represents nurture before birth. In the uterus, the fetus lives in total abundance. It has to ask nothing, everything is provided for. *Amniotic Fluid* feels protected, there is no acute need

for a change. Other than *Lac humanum*, *Amniotic Fluid* is not directly related to the assimilation of food. *Amniotic Fluid* is a remedy in cases where the patient cannot or will not disconnect from another person. He or she wants to maintain the symbiosis with the other, but also realizes that this cannot last.

Amniotic Fluid will help to face the confrontation with life, with the necessity to change. Such a situation can occur, when after a close connection, one of the two persons involved dies or leaves the relationship. This can cause enormous anxiety, resulting in a feeling as if becoming mad. *Amniotic Fluid* will help a person to discover the roots of his/her existence, and while doing so, develop love and a reconnection to the primal source of one's life.

An example of the way *Amniotic Fluid* works is a lady with vague physical complaints, a lonesome feeling, and fear of death. After taken the remedy she completely turned her life around, bought a huge piece of land and started an animal shelter and kennels. Now she feels connected with life, nature and earth. Her anxieties are completely gone, she feels she now knows her roots. All her vague physical complaints have disappeared.

To compare the two remedies, I have made a table in which their main expressions and symptoms are put together, following the trituration levels 1C > 4C (See Table 1).

References:

1. MEER, A. v.d., 2006. *Van Venus tot Madonna*. Synthese, The Hague (NL)
2. HOGELAND, A. & J. Schriebmann, 2009: *The Trituration Handbook*. Bay Area Homeopathic Association (USA)

Table 1. Differentiation Amniotic Fluid / Lac humanum

Differentiation between Amniotic Fluid and Lac humanum on the 1C → 4C level		
The most important symptoms for the differentiation are		
	Amniotic Fluid	Lac humanum
1C		
Physica	L-sided symptoms	Increased energy, straightens the spine
	Sleepy, exhaustion	Nose, catarrh and coryzas
	Suffocation, feeling of	Dry skin
	Flushes of heat, intermittent coldness	Rheumy, joints of hands
	Weak, floppy neck, lack of support	Feet spongy, soft
	Heart pain, palpitations, grief	Numbness of extremities
	Pressing pains (whole body)	PMS
	Pregnant feeling; Feeling full, healthy, big	Abdomen: bearing down pains
	Feeling pleasant, floating body sensation (as if in water)	Alternating constipation and diarrhea
	Ovary cancer L, endometriosis	Defective nutrition
	Crave: comfort food	Eructation, heartburn
	Sensitivity for smells, sounds, impressions	Nausea, > eating
	Strong sexual desire, ↑ libido	Anorexia ↔ Bulimia
		Milk (av / des), allergy to milk
		> addiction alcohol, drugs, snacks
		Avers. sour
		Des. ginger
2C		
Emotio	Primeval emotions, protective (young)	Fear of dark, night
	Quick mood changes:	Detached, numb
	Crying ↔ Laughing	Feeling unloved
	Love ↔ Fear	Grief about death, lost children
	Feeling ↔ Unfeeling	Wants to be touched, to be carried
	Grief ↔ Happiness	Isolation
	Protection ↔ Abandonment	Sex: desire increased
	Separate ↔ Together; oneness ↔ Togetherness (twins!)	Symbiosis
	Future ↔ Past	Floating
	Slow ↔ Fast	Childish
	Difficulty to connect ↔ Total connection	
	Participating ↔ Feeling lost, alone	
	Fear of death, loosing loved ones; ambivalence about	
3C		
Mental	Loss of time sense, time goes slowly	Strong intuition
	Unstructured understanding of emotions	Loss of memory, since birth
	Going from chaos into patterns and visa versa	Feeling guilty not being a good mother
	Mind scatters, drifts	Over responsible, dutiful
	Del. Being criticized and judged	Del. wasted life, leaving things unfinished
	Love; feeling guilty about the quality of love given	Del. not being desired person, doomed
	High expectations: blocking the flow of love	Del. being in wrong body
	"Madness" from broken love	Antagonism: ↓

	Needs protection; wants to go back to mother	Group ↔ Outsider
	Thoughts about stolen children	Duty ↔ Control
	Sees colors, dark green, yellow, pink	Child ↔ Mother
	Vivid sexual thoughts	Belonging ↔ Not belonging
		Dreams: loss of animals, babies
4C		
Spiritua	Connection with Creation, Creator, virgin Mary, Love	Connects with mother earth, previous
	From formlessness to form; rebirth after spiritual crises	Discovering the self ↔ Others
	Insight in our history of life, and in previous incarnations	Brings caring, warmth, mothering
	Death as part of the flow of life, death as a sacrifice	Overview of life: heals the person, his
	Clarifies our goal in live, our raison d'être	Establishing the path of life
	Clarifies true love, our relationships, a broken heart	Reliving life, joy in life, sharing, creativity
	Understanding of signs and symbols, a primeval insight	Feeling good in body
	Respecting the great mother	Variety in unity
	Amniotic fluid (water) heals and protects	Responsibility for the self