

TABLE OF CONTENTS PART III

Tracking The Bird Flu 371 Bird Flu in the United States 379 How Far Can This Virus Jump? 381 Possible Cause of the H5N1 Bird Flu 382 Signs and Symptoms 385 Incubation and Early Signs 385 The Common Flu Symptoms 386 Serious Signs to Watch for in Very Young Children 386 Progressively Serious Symptoms 386 Laboratory Findings 387 Complications 387 Prevention 387 Immune System Support 389 Flu Vaccines 390 What About Antiviral Flu Drugs? 401 Is the World Ready for Another Influenza Pandemic? 402 Homeopathy and the Bird Flu 404 Method for Using the Quick Keynote Reference 406

Conclusion 413