Sea remedies: Evolution of the Senses

Jo Evans

Emryss Publishers, The Netherlands Hardback, 657 pages, full colour illustrated ISBN/EAN: 978-90-76189-23-9

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Reviewed by Franz Swoboda, MD, Austria

Contains: Materia medica of twenty-four marine invertebrate remedies.

Plus: An exploration of the evolution of the senses, beginning with the sensory systems of marine invertebrates. Taste, smell, vision, hearing and touch are explored in individual chapters. Each chapter ends with an appendix of the relevant sensory symptoms for the corresponding homeopathic remedies.

It seems so long ago, Sepia was alone...

How many sea remedies did we know, 25 years ago? How much about them? Leonard Cohen's sad song* could have been sung about our knowledge of sea remedies before Homoeopaths decided to swarm out exploring the universe of the oceans. Some of the presented remedies you may not have heard of so far.

So- is this one of the new age books published prematurely, where you cannot decide between fact and fiction, between information and speculation?

Glad to say: No, it isn't.

Jo Evans, a London practitioner, makes clear where we are. We are guided, not misled. More than 100 pages introduce us to the senses of these beings, after which it is hard to call them just "remedies." Look at the squid on page 617. This thorough investigation is of relevance to the homeopathic prescriber: the sensual abilities of the beings express themselves through the symptoms of the remedies.

A bunch of lonesome symptoms?

The next 500 pages are filled with 24 remedies: A lot of new remedies which I will hardly ever use, because I see just a bunch of symptoms, cured and proven ones, and I am not able to see the differences?

Glad to say: No, it isn't. Jo Evans provides us with symptoms, provings and cases, all solid information. The author is clear about the remedies. She compares them, subtly and carefully. Remarks on differentiation run through the book. The closer you get the easier you are able to see the differences.

Diamonds in the mine

Will I ever need *Limulus*, *Acanthaster* or *Toxopneustes*, *Chironex* and *Cypraea*? Maybe not. Maybe tomorrow. They are jewels, anyway. Once you look at the pictures, you will not end a chapter before you know more about this creature.

Teachers

This book is a work of years, dedicated to collect, to evaluate, to write. It is not a work of a single genius, but a beautiful example of networking. Networking is one of the lessons we homeopaths have to learn before we call ourselves scientists. Future homeopathic books will be measured against this one.

Hey, that's no way to say Goodbye

We look forward to reading your next book, Jo.

For more information, for pictures and downloads look at: http://www.likecureslike.org/

* Thanks to musical poet Leonard Cohen for the headings of this review: "Seems so long ago, Nancy; A bunch of lonesome heroes; Diamonds in the mine; Teachers; Hey, that's no way to say Goodbye "