

HUMAN CHEMISTRY INTEGRATED THERAPY

FROM A HOMEOPATHIC PERSPECTIVE

A NEW APPROACH
EFFECTIVE TREATMENTS FOR 21ST CENTURY DISEASES

BOOK 1
HORMONES, NEUROTRANSMITTERS, FOOD SUBSTANCES AND ADDITIVES

Ton Jansen

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FOREWORD

This is the third book by Ton Jansen, and follows on from his first book 'Fighting Fire with Fire'. Here he goes into more detail about body-substance remedies (sarcodes) as well as toxins. In some cases these remedies remove an obstacle to cure, in many other cases they are the key to restoring health. Ton's way of working is literally ground-breaking, as through regularly using remedies that are unknown to many homeopaths, and identifying imbalances in the patient by reading their blood test results, he is able to achieve positive results in a large number of patients who previously were not progressing in their treatment. And now, in this book, as well as in his various seminars, he is showing us how we too can enhance our own practices and achieve his level of results - which will be good for homeopathy, ourselves and for our patients!

*Roger Savage
Saffron Walden, UK
December 2020*

PREFACE

For the second time I have the honour to write a preface to a 'brainchild' of Ton's. The first time was in 'Finding Your Way Through the Forest of Symptoms'. I am sure that many of my colleagues have been inspired by 'Forest', as I certainly have been. Since I have been working with Ton's method I am often baffled by the results that my patients showed. By consistently 'taking the timeline' and inquiring deeply about what had happened in the patient's life, including the history of illness, the use of medicines and vaccinations, not to mention the negative consequences of environmental factors such as toxins, heavy metals and the like, I am able to make better prescriptions.

His method of dealing with those negative influences works wonderfully. We actually give the body similar information through the (often new) remedies, so that it can rebalance itself. In the beginning I was critical of Ton's way of working. After all, I was trained in the classical tradition. Also, I am a person for whom seeing is believing. But by applying his method, I became increasingly convinced that it really works.

Now here is this new book: 'Human Chemistry, Integrated Therapy.

In this first part hormones, neurotransmitters, food substances and additives are described. In addition to that, Ton explains the influence and interactions of these natural chemicals in our body.

As homeopaths we see on a daily basis the healing power of the classical homeopathic remedies. We can reach areas of disturbance that can lead to disease.

Although in the past I achieved quite good results with prescribing constitutional or acute remedies, I often saw a relapse. Or it seemed at times I couldn't get to the heart of the disturbance, as if something was blocking the healing. Of course that frustrated me, as I am a perfectionist. In many talks in our 'Intervision' group, Ton has inspired us with his enthusiastic stories, and his amazing results in complicated cases.

Now my case taking has gained in depth, I get closer to the core of the

disturbance. For example, a 30-year-old person may have symptoms caused by the medication taken by his mother during pregnancy. How did I solve that earlier? I didn't, I had no tools. Fortunately, I can address this problem, now, by prescribing potentised allopathic medication in a course. For example I can reverse the disruption of the endocrine system, brought about by the contraceptive pill.

Twenty years ago I would have called a homeopath working like this a 'quack homeopath'. Now I too am practising this method, with good results for the patient. And in the end that is what matters most.

This method also has a disadvantage, the patients soon need to come less frequently, so you would think... less income. But of course, satisfied patients refer more often. It should actually work the same way in healthcare as it does in China, where the doctor is paid according to the number of healthy people in his practice. The healthier the community, the more you earn.

I was able to make a small contribution to the creation of this book by acting as Ton's sparring partner, by asking critical questions and making a contribution in the search for pictures.

I am deeply grateful to Ton for the great amount of energy and time that he has invested in further developing classical homeopathy. I am also convinced that, if Hahnemann were still alive he would have arrived at Organon 20 by now. Hahnemann kept on reflecting on his results and evolving the way he practised homeopathy in order to find the best way to heal his patients. I would like to put one more person into the limelight and that is Lous Wijnkoop. For without her amazing dedication and intensive labour this book would never have come into being. So a big thank you, Lous! And Roger Savage helped with some of the writing and then thoroughly checking the entire text.

I wish you, the reader, first of all a lot of reading pleasure, but also a lot of studying pleasure. Immerse yourself in the matter, discuss it with your colleagues who are also working with this method, let it come to the aid your patients' well-being, for they deserve it.

*Ries IJsseldijk
Sint Pancras
December 2020*

INTRODUCTION

This book has grown out of my practice of Human Chemistry, which I began in 1987. In Human Chemistry, Integrated Therapy we use not only homeopathic remedies, but also give advice about orthomolecular supplements, healthy diet and daily exercise. With an unhealthy lifestyle, health cannot be restored for long, even with the best treatment.

I have found that reading a blood test reveals many imbalances in a person's system that can be corrected through this way of working. And this correction can be measured in a subsequent blood test.

I came to this methodology as a result of facing so many obstacles to cure in patients, frequently following the extensive treatment they had had with medical drugs. Not only have my results been much better, they have also been much faster. Once a patient is in balance, if something happens in life later on, often a single remedy solves the problem or the self-healing ability is sufficient.

Through this way of working I have discovered the need for a lot of 'new' sarcodes and nutritional substances. So this book introduces a great deal of new Materia Medica. It is important to see every case as individual, and to consider what is important in each patient, and shape the treatment programme accordingly. And always base your prescription on the Reason for The Visit! That is where the healing energy is alive and most active.

There is so much knowledge I want to share with you that the second and third book of this series are already under construction! This first book covers the concepts of Human Chemistry - Integrated Therapy and presents the Materia Medica of hormones, neurotransmitters, along with food substances and additives. Not only the plan of this series, but the very hard work in creating these books, is due to the way Lous kept pushing me to explain thoroughly, and clarify, what I was wanting to convey.

I hope that through this book you will be able to make this method your own. It will require study and reflection to make a prescription that really fits each case, rather than simply copying what I have written in this book. This will help you to achieve better results with your patients. And to improve your own health and the health of your loved ones!

*Ton Jansen
Den Hoorn, Netherlands
January 2021*

Chapter 1: HOW I DEVELOPED HUMAN CHEMISTRY, INTEGRATED THERAPY

Human Chemistry, Integrated Therapy means treatment using homeopathy and orthomolecular supplements along with dietary and lifestyle advice. You may recognise parts of this story from ‘Fighting Fire with Fire’, but it incorporates some new developments.

When I began in practice in 1985 I looked in every case for the single remedy and quite often used LM potencies. After about three years I almost stopped using the LMs because I found the results were better and quicker with the centesimal potencies – and sometimes with the x/D potencies, for example with Merc-sol (after dental treatment) and the tissue salts (which are not succussed, only triturated).

By 1993 I was looking for a means of treating patients more quickly and more completely, as I was not achieving results that were ‘quick, gentle and lasting’. So I read the Organon three times in succession, and found the need to clear the obstacles to cure. I began my search for what could be those obstacles, and found that mercury (amalgam) was a big factor, also paint and paint related chemicals, cosmetics, hair care products (many of those containing formaldehyde), solvents and toxic volatile substances.

In 1994 I realised I needed to make a careful timeline for each patient, to trace the development of their problems, starting from conception. And this led me to conclude, first in children, that there was a change after they were vaccinated (strictly, vaccination means for smallpox, and for other diseases people are inoculated or immunised, but nowadays we use ‘vaccination’ to cover all these). They were never quite well since that event, and in some cases very much damaged. So I realised I needed to antidote the ill-effects, but not the protection, of those vaccines. It wasn’t enough to give the nosode of the disease, because the vaccine is different and contains far

more ingredients than just the disease substance. My next step was to have remedies prepared from the vaccines and to start testing these, first on myself and people around me, later on patients. With amazing results, as I have explained in detail in my book 'Fighting Fire with Fire'.

I also found I needed to advise dietary changes, as poor diet and living conditions are also maintaining causes. And I found I had to treat past diseases (and often the damaging effects of allopathic medication – of so-called side effects - that had been used, like antibiotics) that had left the person 'never well since' or invisibly damaged.

By 2002 I was calling my method Homeopathic Detox Therapy. More recently I have been realising that we need to look into human biology or human chemistry, to find what chemicals and toxins may be affecting and thus, once detoxing is complete, balancing the various factors in our system. From 2008 I started looking at blood test results. These, I found, gave me indispensable, measurable information on the state of health of the patient.

So I started to study this subject and prescribe orthomolecular supplements mainly based on the test results. In more recent times I have been asking patients myself to have these done, and for which factors. The test results clearly tell me what needs to be corrected, and where the body is out of balance. After all these years of reading these results, I can see almost instantly which processes need be addressed to bring the patient back to health. And a retest after the homeopathic treatment offers confirmation that the treatment is indeed restoring health.

I have named this new approach 'Human Chemistry, Integrated Therapy. It allows for quicker and more permanent cures of more ailments, and with fewer aggravations.

The experience of more than 35 years of full-time homoeopathic practice has convinced me that individuals who have suffered ill effects of vaccinations can be restored to health with our well-chosen remedies according to the treatment method I have developed.

Levels of Health

Levels of physical health	Possible miasm	Constitution	Comment
Level 1	'Acute'	Very strong undisturbed vital force	In fine health most of the time. Only minor maladies or accidents/ injuries, often resolving themselves, but otherwise easily treated with single remedies
Level 2	Psora	Quite good. Constitution affected by illness or a lack of healthy living conditions	Has had some medical treatment, and various issues need some detoxing and balancing. No energy for a fever which would be, up to 39.5°C (103°F), a sign of the body dealing with disease
Level 3	Sycotic	Adequate (stuck in a cycle of some good times and some bad times). Insufficient reaction to infections	Has had various medical issues, quite a few suppressive treatments, and maybe surgery. Has perhaps had some mild narcotics too. Some long courses of detox needed, and then balancing courses of sarcodes. Living with chronic (aerobic) disease, with very high fevers
Level 4	Syphilitic	Poor to very poor. May not react to acute illnesses	Is living with genetic/ anaerobic infectious disease (eg. DNA) with subnormal body temperature, serious and maybe terminal. May have had chemotherapy and radiation treatment, or indulged in heavy narcotics. A great deal of gentle detox and then balancing needed, but treatment is more likely to be palliative than curative

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Levels of mental health	Possible miasm	Constitution	Comment
Level 1	'Acute'	Strong, so generally healthy and happy and can adapt well to situations and stress	May need short-term single-remedy treatment for such experiences as shocks, traumas or bereavements
Level 2	Psora	Less healthy but able to keep going. May well have a feeling of poverty on all levels, and that something is lacking in life. Or they may be very aware of what is good for them	Their mental/ emotional issues will probably need treatment, and they will get back to their previous health, but maybe not. May well need ortho-molecular supplements, as their diet is generally poor, as well as balancing remedies. And guidance on how to see some richness in life
Level 3	Sycotic	They are stuck in a rut, and may feel they have something to hide. But their love of excess could be positive as they can turn their energies to extrovert activities like performing, business and generating wealth	They will need more deep-acting treatment to get out of the rut. Quite a bit of detoxing may be needed, as well as balancing remedies. And if they have looked for an escape in (mild) narcotics they will need help in facing life without the help of the drugs
Level 4	Syphilitic	They are mentally unstable and may not be a fully integrated personality. The way I see it, is that their 'Ego' is standing in the way of their 'I am'. They may have mental diseases like schizophrenia, borderline disorder and bipolar states. On the positive side there may be a boundless creativity	Treatment may have to continue for many years, even for the rest of their life. Deep detoxing will be required, especially of hard drugs, and a lot of balancing remedies. Their condition may not be curable, so treatment may have to be the most effective palliation we can manage

Some readers may wonder why I do not refer to the tubercular miasm, the cancer miasm, and even some of the newer miasms. I have found I prefer to stick with Hahnemann's original three chronic miasms. Tuberculosis (TB) can be seen as a combination of psora and syphilis – pulmonary TB starts in poverty (psora) even though the mind may be very artistic and creative (syphilitic) and the combination gives the sense of hurry. As the disease advances it breaks down the body (syphilitic) which then loses all its vitality (psora). If the TB is on the skin (scrofula) there are ulcers which are full of pus (sycotic). Cancer can be seen as based on all three miasms: it starts with some irritant (physical or mental) which the system does not have the energy to deal with (psora). Then there is an overgrowth of tissue (sycotic) leading to a breakdown of the system (syphilitic). Of the new miasms, in leprosy the mental state is syphilitic (unclean) but the physical decay is more psoric. AIDS seems to be a combination of psora and syphilis. The other newer miasms are aspects of psora. But thinking in terms of five or even ten miasms will not be a problem when prescribing according to Human Chemistry, Integrated Therapy Method.

Other major diseases could be called 'epigenetic', as also could the effects of such toxins as fluorine, thalidomide and narcotics. To help patients overcome these influences we have to take a very thorough case-history, and this will include the timeline, ie. what happened and when, and what were the observed effects.

Here is a chart of the hierarchy of toxins. This first appeared in *Fighting Fire with Fire* on page 50, but here I have placed vaccinations on a more important level than volatiles and radiation. Hormones appear at the highest or deepest level because our life begins with hormones (testosterone, progesterone, oestrogen).

The Hierarchy of Human Chemistry

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Level	Medication / Toxin	Main organ systems involved
1	Hormones: all steroids (tablets, injections, IVs, and also creams, inhalers, nasal sprays), hormonal contraceptives of all kinds. Also hormonal disruptors such as oxytocin, plastics (bisphenol A), glyphosate, along with anti-histamines, vaccinations (including their adjuvants) and antibiotics. Many of these have been added in this top level as they are given in pregnancy and the first 5 years of life	<ul style="list-style-type: none"> • Endocrine system • Liver, adrenals • Lymphatics system • Immune system • Intestines • Neurological • Microbiome
2	Vaccinations: eg. childhood and travel vaccines, Hepatitis A, B & C, influenza vaccines (all varieties), meningitis all types Some specific medications and chemicals: Also anti-histamines, antibiotics and amalgam	<ul style="list-style-type: none"> • Immune system • Endocrine • Liver, adrenals • Lymphatics • Neurological • Intestines • Microbiome
3	Chemical volatiles & Radiation: eg. paint, vinyl, xylene, petrol, paint thinners, cosmetics, hair care products, soaps, cleaning products, various forms of radiation including ultrasound (sonography) and 5G	<ul style="list-style-type: none"> • Endocrine & Lymphatics • Neurological • Liver
4	Other Medications: anti-depressants, anti-hypertensives, statins, NSAIDS, salbutamol, levothyroxine	<ul style="list-style-type: none"> • Endocrine & Lymphatics • Neurological • Liver • Kidneys □ Intestines
5	Minerals: asbestos, coal, lead, tin, sulphur, mercury, aluminium (heavy metals are also a component of vaccines)	<ul style="list-style-type: none"> • Liver • Neurological • Kidneys □
6	Narcotics: cannabis, heroin and other opiates, anaesthetics, MDMA	<ul style="list-style-type: none"> • Neurological • Liver □
7	Bacteria and viruses: eg. childhood diseases, lyme disease, herpes, chlamydia, Epstein-barr (glandular fever)	<ul style="list-style-type: none"> • Neurological • Liver • Intestines □