



J.T. Kent
Unpublished
Materia Medica

Edited by

Dr Ahmed N. Currim

James Tyler Kent Unpublished Materia Medica is a compilation of lectures given by Kent in various places like Hering Medical College and Durham Medical College. It brings into light the superb work of Kent, many new pictures of the standard, well known remedies and materia medica of some new remedies not presented before by Kent (Abrotanum, Robinia, Tabacum etc.). The remedies have been discussed elaborately under the heads of general and particular features.

- Compilation of unpublished work and lectures of James Tyler Kent
- Remedies explained under heads of general and particular features
- New remedies added

'Ahmed Currim's book on the unpublished work of Kent gives us an insight into the notes that our master Kent painstakingly made, the notes which when made available to the profession will enlighten our practice and knowledge'

- Dr Farokh J. Master, India

'James Tyler Kent's Unpublished Materia Medica is a beautifully constructed and edited book by one of homeopathy's greatest prescribers. Reading through the various lectures on these remedies is pure joy. I recommend this book to anyone interested in developing a deeper understanding of our homeopathic materia medica.'

- Kim Ella, USA

Ahmed N. Currim started his interest in Homeopathy on January 31, 1966 after receiving Kent's Lectures on Homeopathic Philosophy in the mail. In September 1973 Dr Currim had the opportunity to enter medical school and so started the study of medicine at the University of Brussels. He completed his MD in June, 1979 and currently lives in Connecticut, a state that allows him to hold both an MD and Homeopathic license. Dr Currim has trained with some of the most well known Homeopathic physicians like Pierre Schmidt, Shellagh Creasy, L'Abbe Chabard, Farokh Master, George Vilhoukas and others. Dr Currim is also the author and editor of The collected works of Arthur Hill Grimmer and Guide to Kent's Repertory.



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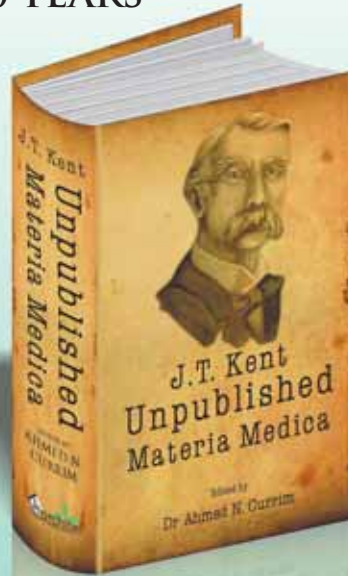
TREASURE REVEALED AFTER A TIME LEAP OF MORE THAN 100 YEARS

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- Remedies have been explained under heads of General and Particular features
- It brings into light the work of Kent, not presented before to the profession



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AESCULUS HIPPOCASTANUM

Aesculus hippocastanum (Dunham, 1902)

Generals

Today I will speak on Aesculus; horse-chestnut. It ought to be more extensively proved. Nevertheless, it is a grand remedy and fills a place, a place that is filled by no other remedy. When the system is fully impressed with it, we observe that it has taken a long time for its effects to have been brought about; it is **slow**, therefore, it is classed among the **chronic remedies**. It is a **long acting, deep acting** remedy. Shakes the whole economy. Manifests symptoms everywhere, grievous ones, too. Very slow in the development of its action, hence, corresponds to **diseases of slow pace**, diseases of gradual growth. Such as appear in **old gouty constitutions**. Rheumatic constitutions, with **nodosities in the joints**; all sorts of **muscular disturbances**, of a gouty character, disturbances in the walls of **blood vessels, relaxation in the walls of blood vessels**, giving the whole body a **feeling of fullness**, with all the **veins enlarged, relaxed**, there comes the fullness. The **head** feels too full. The **whole body** feels too full. The **limbs** feel full. A sense of fullness, **puffiness**; this goes all through the body. With it a general **pulsation** throughout the whole economy, from head to foot. His **finger ends**, and his **toe ends, pulsate**. At first you might think of the pulse as existing in the locality, for we are in the habit of feeling for the pulse in the wrist, but you have only to think a moment to see that the **pulsation is general**. General pulsation is a symptom **predicating the patient**. **Pulsation** is general. There is disturbance of the veins. **Fullness of the veins**. We see where the veins most show this in these passive **congestions of long standing**, and after acute inflammations the blood vessels are left so weak that they are in a **varicose condition** so that the inflammation of the **eyes**

would leave with the appearance of great vascularity. The appearance of the **throat** very vascular. Everywhere the veins make themselves prominent. Enlarged veins of the limbs. **Enlarged veins** everywhere. It is true that routine practitioners only think of these enlarged veins at the anus, hemorrhoids, which means to many practitioners, certain kind of hemorrhoids, Aesculus, Aesculus, hemorrhoids. If not Aesculus, something else.

It is a **chilly remedy** even with its engorgement. **Puffed sensation; distension**; this distension has been brought about in **various ways; veins; flatulence**; also **sensation when we cannot account for it**. Heat; **distension described as pressing pain, bursting** fullness as if **eyes pressed out; occiput, brain bursting, exploding**. This creeps down the neck as if the **neck were bursting**; called an **aching in back of neck**. **Occipital headaches are striking**; seeks all positions with no relief. **Generally worse from becoming cold**; (toothache relieved by cold water). With this we have aching and fullness in back and spine (with disturbance probably portal congestion, etc.).

Sleep is profound when gets to sleep; wakes confused. Sadness; with waking comes the distension.

Particularly affects the nervous system; more than any other tissue; great disturbance of the circulation which is carried on with great difficulty; stuffiness about the chest; fullness about the body; disturbed about the body; **hands and feet engorged and puffed; worse after bathing in warm water**; cannot get on shoes and gloves; arterial system seems to take part in the trouble on account of the stasis of veins; general pulsation felt all over the body.

But this is only one of its features. This vascularity running through the remedy has led observers to speak of the hemorrhoidal constitution. Because in the old literature we used to read about hemorrhoids of the bladder, and hemorrhoids in the throat, and hemorrhoids in the eyes, **increased vascularity**. These expressions are no longer used, we only speak of hemorrhoids in connection with the anus. But **it simply means enlarged veins, vein tumors**. The veins are **so relaxed**, appear like **links of sausages** here and there.

Burning is another feature that runs through. **Burning** is such a characteristic, that is, such a singular feature in Aesculus that it cures it even in regions where it has not been produced in the symptoms. Burning

pains have been found in the eyes, in the throat, in the stomach, burning down the limbs, why, with so much burning you expect burning almost anywhere. There is so much of the nature of burning that it **becomes general**.

Very often will the patient say, "**Doctor, I burn so.**" Whenever an expression like that can be predicated of the patient, when he speaks it himself, it belongs to the whole remedy. So it does in this.

This **great congestion is a general condition of the body**; but it has local congestion, in which there is burning, and tumefaction of the veins, markedly.

Passive congestion, slow forming congestions, with hyperemic conditions that exist so long. But there are these slow forming local **congestions, attended with burning and pulsating in many parts of the body**. The **heart** takes on increased action, with enlargement, uneasy sensation, with this pulsation. And then it becomes general, because the heart is only a **part of the great system of blood vessels**. So the heart becomes **enlarged**. The vascular condition extends into all parts of the body, but especially into the liver. The **liver is enlarged**. Burning, fullness, pulsating in the region of the liver. **Queer thing, but few remedies have it.**

Mind

Now we will take up the more particular features, especially the **mental symptoms**, "great depression, feels gloomy, extremely irritable," but we have few mental symptoms brought out in the proving. It ought to be proved in potentized form. Sleep is profound when gets to sleep; wakes confused. Sadness. With waking comes the distension.

Dazed condition of mind; **worse sleep**; wakes up in **confusion**; faces of **friends** look strange; **things look strange** about the room; mental operations disturbed. Of the mind symptoms the **great irritability** is perhaps most marked, and the mental symptoms come on from this increased **sluggishness**, that is observed during sleep. So much so that you might really suppose that the pumping by the heart into the blood vessels of the brain during sleep has produced just such a condition as prevails in other parts of the body. When the patient wakes up he is bewildered, he wonders what it is all about. And it takes quite a little time for him to pull himself together. He does not know his friends. He does not know the relation of things, or comprehend what is said to him. This

commonly exists in the little one, waking up with the hot head. **Wakes up in fright, wakes up bewildered**, and turns into a **sweat**. There must be a passive congestion of the brain that comes on, or intensifies during sleep, to produce such a state. Now, this whole **cerebral congestion is prolonged or extends down the back**.

Head

Dull, aching, **throbbing pains** especially in **sides of head, temples, top, occiput**; sensation as if skull would be **crushed**; sense of **fullness, bursting; burning in spine, stomach, anus, veins, feet**. As if head would burst.

Headaches in individuals who suffer from spinal irritation; in women with **uterine trouble, hemorrhoids**; the whole spine aches; **better lying down**; always comfortable when lying in bed; back of neck aches; inclination to draw head back; **neck so tired; aches and throbs**.

The head is not only **congested**, but a similar kind of feeling exists in the back of the **neck, with the head drawn back**. Drawing in the back of the neck. While lying on the back there is **hyperemia of the spinal cord, increased by lying, increased by lying long**, so he **wakes up stiff**, and the **muscles of the back** are disturbed. It goes all the way down the back, so there is **burning down the back, sensitiveness down the back, until it goes clear down into the sacrum. Pain through the ilio-sacral chondrosis**. Great pain through there, and this is increased by any effort to get upon the feet. Still more increased by attempting to walk.

But the head symptoms are very numerous. They especially exist in these old gouty hemorrhoidal constitutions, where the veins stand out in various parts of the body. The greatest number of observations clinically have been in hemorrhoidal cases of the rectum and anus, the head symptoms and the symptoms of the back of the neck associating, or persons having hemorrhoids. But this is only a limited observation. The remedy is much broader.

The headaches in those who pulsate to the ends of the fingers. The **headaches in those who are bewildered on waking up, in those who are congestive, and slow of thought**. Now, some sort of determination of blood to the head, in some sort we have excitement, activity, great memory, great excitement, a great flow of thought.

In this medicine we have directly the opposite state. **A sluggishness, a passive congestion, a venous stasis**. While when the arterial system is

more particularly affected, such as in Coffea, we have great excitement, great activity, unusual memory; but in medicines like this, such as Pulsatilla and Carbo Veg., we have a **great slowness, a slowing down of all the mental faculties**. These features especially exist with the headache. **They stamp the headache**. The headache is a **dull, sluggish ache with a confusion of mind, aggravated by sleep**.

Dullness all over the body. "Dull pressure in the forehead" is a characteristic feature. This pressure goes on a while, and nausea comes up. "Pressure in the head. Dull aching pain in the head." Dull pain in this side, or in that side, dull sensation in the back part of the head. "Burning," which I said was a characteristic. "Headache, with dull pain." You see most of these pains are of a dull, aching, pressing character. Of course, all such headaches are worse stooping. Increased by lying down. This sort of specialization is useful only to help you to comprehend the character, or the probable character. It will help you to remember the dry symptoms of the Materia Medica.

Eyes

"Water in the eyes." As has been said, "about the eyes." It is a wonderful medicine for **slow chronic congestion of the eyes** in such constitutions as have been described, where there is a watery discharge, and great vascularity remaining behind an inflammation. Any inflammation, if the patient is in a good reactive condition, will subside and leave no decided chronic state, perhaps except that which passes away in mucus discharges; most all inflammatory conditions pass away that way; but in Aesculus there is a watery discharge, a scanty discharge, sometimes yellowish mucus, leaving behind a roughness of the surface, and soon will form granular lids, and enlarged veins, and red eyes. "Chronic red eyes."

Nose

Aesculus is a wonderful medicine in some instances in some seasons for coryza, especially when there is a great **rawness** in the nose, much **watery discharge, or bloody watery discharge**, or the mucus membranes of the nose feel cold to inhaled air. **Inhaled air is painful and feels cold inside the nose**. A sensation of coldness. "Fluent coryza, dull frontal headache, watery discharge, burning, rawness, sensitive to inhaled air."

It has cured many cases of **hayfever** because of the slow chronic character of it, when this great rawness was present, and inhalation felt

cold in the nose. “Smarting, burning in the nose, with coldness. Sensitive to inhaled air.” (Rumex-Editor) Catarrhal discharges with bleedings; chronic catarrh of the nose with thick, yellow discharge; jelly-like thick mucus; gnawing hunger; vomiting of bile; catarrh of the stomach; “bilious state.” Spine sensitive, sore to pressure.

Face

Sickly, purple, **varicose veins here and there on the face**, distended, sensation of fullness of the face, which is a part of the whole head, chronic difficulties.

Throat

“Dryness in the throat, violent burning in the throat, a passive inflammation in the throat with tumefaction, **varicose veins in the tonsils**,” old catarrh of this sort. Old granulations, the whole patient. “Frequent inclination to swallow, constricted throat. **Dark congestive state of the fauces**. Chronic.” That is the case lasting long after the acute inflammatory state has subsided. It was not cured permanently and it lingers, but it may have been Aesculus in the beginning. Come on slowly, a little with that cold, and a little with another cold, until the throat is much swollen, until the **parts are purple and mottled**, all showing **this venous constitution**, like we find in **Lachesis and Carb -veg.**, which we find in the Carbons, as if poisoned with carbonic acid gas.

Stomach

Then again, in the **stomach** there is **burning**, nausea, vomiting. You might well imagine we have the same condition in the stomach, -we cannot see the stomach, but no doubt its symptoms are such as we might suppose from that sort. “Chronic catarrh of the stomach. Burning, retching, and vomiting, with burning in the stomach. Gulping up of food by the mouthful. Sour, sometimes coming up.” That which comes up first soon after eating tastes like the food eaten, but that which comes up a few hours later is sour; slow digestion so that he spits up his food. “Pressure, as from a stone.” Consequent disorders, burning in the stomach. Inclination to vomit. **That general idea, that general feature that runs through the whole remedy**. The **burning, the fullness**, the general distress, and this in **patients who throb all over**. A special feature of it is that after eating a full meal the throbbing is aggravated.

Gnawing, all-gone sinking in pit of stomach; associated with nausea

after spitting bile; while he feels hunger it is not hunger; he **wants to eat which relieves the gnawing** (Ars., Chel., Sep., etc.). After eating, regurgitates food (Phos., Ferr.) but no relief. Is driven to eat from pain in stomach; this relieves (Graph., Lach., Sep.). Distension of abdomen; Aesculus produces a chronic diarrhea partly formed at first, then watery. The abdomen is sore all over as if bruised; sensitive to a jar.

Abdomen

Right hypochondrium; great aching, but it is a fullness, distension with no relief in any position, walking and everything.

Liver engorgement; dull, aching pains in region of liver; gallstone, colic pain in region of gall bladder extending to back; holds fist to back; for a few days a black and tarry stool and finally a light colored, bileless stool with the aching in the back (similar to the aching in the back of Chel. which is perhaps higher up). With the liver trouble nausea and terrible goneness and hunger which is not for food; drives one out of bed at night to get a cracker (think what a wonderful liver remedy Sepia is and how it has the all-gone hungry feeling). So in other remedies; Digitalis; in Dig., signs of congestion of the liver, white stool and **slow** throbbing heart; the man who knows how to use Dig. never gives it for a rapid pulse; **liver remedies have often an all-gone feeling in the stomach.**

Liver troubles. Sensation of fullness of the liver, sense of great distention, tightness, aching pains, dull aching pains, and pains that extend from before backward. Pains that come much under the lower short ribs in the back. Pain a good deal like gallstone colic.

Pulsation, burning, tearing pains in the region of the liver. **Chronic congestion of the liver.** Repeated attacks of dull, aching pain in the liver (especially in the right lobe). Aesculus has cured many times, violent repeated, **cramping, or tearing pains from before backward, through the liver, to the back.** These pains are often attended by stomach disorders such as vomiting and nausea. Distention of the abdomen.

Great sense of fullness in the abdomen, in old hemorrhoidal constitutions. Throbbing in the abdomen." Colic in persons who suffer from stasis of the portal system, who suffer from indigestion, or have numerous hemorrhoids in the rectum and anus. Hemorrhoidal colic, it is called. An old common expression."Cramping pains in the bowels."

Rectum

But it has developed a great number of symptoms, and the most striking symptoms are in the rectum and anus. There we will find the most striking ones to be tearing pains, tearing as with a dull knife or with a saw.

Jagging and sticking as if the anus were full of sticks. It was told of the prover, a vulgar expression, which is queer and worth repeating and which loses its vulgarity when used as a symptom of the remedy, it was told that he said he felt as if he had a crow's nest in his anus for years after proving Aesculus. "Rectum feels as if full of small sticks. With jagging and tearing, burning and smarting and sticking." Sometimes with hemorrhoids especially protruding after stool and remaining out a long time after stool. There are two or three pages here on just such symptoms; it is too long to read. "With marked constipation." Now, this is a symptom that you will hardly ever see absent, it belongs to the whole proving and to all the states of the proving, in these marked hemorrhoidal constitutions. **"Pain in the sacro-iliac region as if the two portions would be torn apart whenever he gets on his feet and increased by walking."**

Hemorrhoids; internal and external piles that bleed; straining to pass more stool when the rectum is empty; rectum protrudes; must be put back; even after there are stitching, sticking, jagging pains as if full of sticks. Tumefaction, burning, bleeding, very purple. Prolapsus of the rectum with or at the close of stool, which may stay until replaced with burning and bleeding. **Portal stasis**, causes feeling of fulness in liver and rectum. The whole rectal system in a state of stasis; with this is the pain either side of sacrum; cannot walk, cannot stand; often severe forms of hemorrhoids are associated with such pains. Hemorrhoidal colic, flatulent pain in bowels.

Detail

Every time we have a renewal of symptoms from exertion, debility, etc., we notice first a black and then a white stool; then other symptoms come; the trouble however, comes whenever he goes on an eating spree; with getting a cold gets colics (Nux-v., Aloes., Podo., Sulph., Collin.).

Female Genitourinary

Women have also great relaxation in the lower part of the abdomen, in the pelvis. It seems **as if the whole mass of pelvic tissues will drag down,**

will protrude. With, or without hemorrhoids. And with this dragging down there comes this same sacro-iliac pain, which is **aggravated as soon as she gets on her feet. And the more she stands on her feet the more she weakens**, and she sits down, or lies down, when it is relieved. It has cured most prolonged and troublesome **yellow, thick leucorrhea**, where it comes on in gushes while walking, with the pain in the sacrum, in each side of the sacrum, from standing on her feet and walking. The leucorrhea increases with the walking as also the dragging down.

Pelvic organs; all sore, engorged; stasis; distension of veins; hemorrhoids; greatly distended; prolapsus recti; soreness; violent pain after stool; great gushing hemorrhage; sticking, rending, tearing pains, feels as if rectum were full of sticks, burns like coals; cutting like knives; rectum feels full; desire for stool; with this, aching across back, sacrum and down the thighs; at the sacroiliac synchondroses have a pain wedge shaped just like the shape of sacrum, better lying down; worse chilly, walking. **In pregnancy, menstruation**, leucorrhea, hemorrhoids, chronic diarrhea, we may have these pains; sometimes pain only on one side.

These hemorrhoidal conditions and the relaxation of the parts, and the congestion and fullness of the uterus are so common in plethoric appearing, though weakly women. "Purple face."

This remedy is a friend of the woman; great **engorgement in the uterus; pain in ovaries extending to back and down the thighs**; pain in back as if it would break at the waist line; hemorrhoidal complaints; pains either side of sacrum, pains extending down the thighs worse walking, standing. Uterine engorgement; leucorrhea.

A case in which the above symptoms were removed came back in the Fall with **hayfever**; could not allow any air to be inhaled; felt like **burning fire or very cold; constant sneezing; pains down the back**; another dose of *Aesc.* had no more trouble with hayfever; then came back with light attack; constant tickling in roof of mouth; had to keep tongue moving; Wyeth. finished the case.

Chest

Stitching pain in chest worse from breathing; pains in spine, between scapulae and under scapulae, dull aching, worse breathing. Feels heart throb against back. Those **cardiac conditions**, conditions of enlargement of the heart: **it is common with enlargement of the heart, to be aggravated after eating a full meal.** "Weak heart, weak venous side of

the heart.” (Right heart failure with all the venous pathology-Editor)

Cardiac pains; fullness as if heart were filling up with blood; breathing difficult; labored sensation.

Back

At the waist line seems as if the back would break; pain through the **sacroiliac synchondroses**; nerves that come out of the sacrum are full of aching and throbbing; wants to lie down; cannot walk; cannot stand; pain extending to hips and thighs; worse walking and standing; this is an important group of symptoms. Muscles of neck feel weak, so tired. Stitching pains through chest, go through back under scapulae; in spine between and below scapulae all worse from breathing. Dull, aching, pulsating. At waist as if back would break. Pain in the back of the neck. Drawing the neck backwards. Wants to lie down to rest it. Lying down relieves. Pain **down the spine**. Pain in the sacrum.” I have known it to cure **bedridden women when they were unable to walk**, unable to be about. Pain in the **back** and in the **sacrum** and in the **uterus when they attempted to stand upon their feet** would drive them back to bed and keep them there until they were so relaxed that they were given up as bedridden women. “General relaxation. General pulsation.”

Extremities

Full of rheumatism; **gouty** remedy; swelling of joints that last for years; swelling about old gouty nodes; gout of **wrists, fingers, elbows**. Hands rest upon pillows, greatly swollen, perfectly helpless. In **old wine drinkers**; a **great palliative**, a great comforter; **swelling of hands to the elbows**; gouty rheumatism of the extremities; in individuals who suffer from **varicose veins**; varicose veins and ulcers.

Aesculus has been likened to gout; striking in relation to **knees, elbows and wrists; left side** most often affected; these pains similar to gouty ones; **worse at night**. We have thus a chilly, hemorrhoidal, liver, gouty person.

If I were in the habit of telling clinical symptoms, or telling a story about patients cured, I might tell you many of these, but I have a notion to tell you one because of the sorrow that has attended her existence. She had nobody to support her. She was a clinical patient. She was in bed. She had been much disturbed about getting well, and was hence full of drugs without any comfort, and in spite of her drugging these

numerous hemorrhoids in the rectum had become so painful that they burned like coals of fire, and when it was my privilege to see her all the symptoms in that suffering patient were masked by her inability to pay any attention to anything except the suffering in the hemorrhoids. **Burning** like coals of fire; and she was **tossed from side to side** with the misery of that suffering. The awful anxiety and the restlessness led me to give her a dose of Arsenicum, which relieved the burning, and several days afterwards she told me her long tale of symptoms. I said, "Why didn't I see all this before?" I discovered she had all the backache, all the vascularity in the limbs, the hemorrhoidal manifestations there was no doubt about, because they burned like coals of fire. A great deal of the time she was compelled to lie in bed, with headache. She stayed awake as long as she could, because her **headaches were so much worse after she woke up**. She was unable to carry on any prolonged mental exertion because she was so prostrated. The poor thing got a dose of Aesculus, and what is the result? Fifteen years ago, that was. A few years ago, I had forgotten all about her, remembered the case, but forgot the name; she walked into my office and asked me if I remembered her. She said: "You ought to remember me, for you cured me." I said, "Are you well?" She said, "I never had a sick day since you treated me." A few days ago she walked in on me again. She said, "I am so glad to see you in Chicago." I said, "Are you sick?" She said, "I have never had a sick day since.

"She never had but two doses of medicine, Aesculus the 45,000th and Aesculus the 3,000th, about three months apart.

Will that impress upon your minds the picture of Aesculus? Do not think of the prescriber at all. Anyone could have done that. But think of that poor woman, who is restored to health from poverty into a life where she cannot only get some of the necessities of life, but a few luxuries.

It reminds me of a friend in New York who is a sculptor, who was seven years in Paris learning his business. He always comes around to say, "How do you do?" to me. I said to him one day, called him by his first name, I knew him when he was a boy, "I want to make a comparison between your arm and mind." I said, "You may chisel and work with your clay and your mortar and your marble until you have the most beautiful picture on earth. It may be the picture of an angel, or a virgin. But when you are through with it, it cannot even thank you. It stands there as a cold piece of marble, and if you could put life into it, it would curse you. Not so with mine. I see these poor mortals coming with crutches and with

canes, their wives are taking in washing to pay for the coal that keeps them warm, and to pay for the clothing that covers their nakedness, and pay for the food that keeps life in their wretched bodies. There is a difference. I build him up and he comes around with a new suit of clothes. He is self supporting, and he thanks me for it, and pays his bill.

Your heart will lead you if you learn the pictures of your remedies, to perceive in your remedy that which leads you to apply it. Can you learn to do that? If by this time you do not think you can, the best thing for you to do is to go and saw wood.

If you can learn to do that, then you are shouldering a tremendous responsibility. Nothing short of midnight oil will do you until you have mastered your profession; then go and do well in it.

The balance of this remedy can well be guessed, with its **fullness**, its **weakness**, **inability** to stand anything like **physical effort**, until finally I think you have grasped the whole idea and nature of the remedy. No matter where we go in the remedy, or what particular in the remedy we attempt to study, we will find these generals creeping out in this particular, and in that particular, but holding onto these generals, and modifying these particulars until it becomes itself in the fullness of itself.

Aesculus hippocastanum (1895)

Particularly affects the nervous system; more than any other tissue; great disturbance of the circulation which is carried on with great difficulty; stuffiness about the chest; fullness about the body; disturbed about the body; hands and feet engorged and puffed; worse after bathing in warm water; cannot get on shoes and gloves; arterial system seems to take part in the trouble on account of the stasis of veins; general pulsation felt all over the body.

Dazed condition of mind; worse sleep; wakes up in confusion; faces of friends look strange; things look strange about the room; mental operations disturbed. Head dull, aching, throbbing pains especially in sides of head, temples, top, occiput; sensation as if skull would be crushed; sense of fullness, bursting; burning in spine, stomach, anus, feet.

Headaches in individuals who suffer from spinal irritation; in women with uterine trouble, hemorrhoids; the whole spine aches; better

lying down; always comfortable when lying in bed; back of neck aches; inclination to draw head back; neck so tired; aches and throbs.

Stitching pain in chest worse from breathing; pains in spine, between scapulae and under scapulae, dull aching, worse breathing. Feels heart throb against back. At the waist line seems as if the back would break; pain through the sacroiliac synchondroses; nerves that come out of the sacrum are full of aching and throbbing; wants to lie down; cannot walk; cannot stand; pain extending to hips and thighs; worse walking and standing; this is an important group of symptoms.

Hemorrhoids; internal and external piles that bleed; straining to pass more stool when the rectum is empty; rectum protrudes; must be put back; even after there are stitching, sticking, jaggings pains as if full of sticks.

The whole portal system in a state of stasis; with this is the pain either side of sacrum; cannot walk, cannot stand; often severe forms of hemorrhoids are associated with such pains. Colic flatulent pain in bowels.

Liver engorgement; dull, aching pains in region of liver; gallstone, colic pain in region of gall bladder extending to back; holds fist to back; for a few days a black and tarry stool and finally a light colored, bile-less stool with the aching in the back (similar to the aching in the back of *Chel.* which is perhaps higher up). With the liver trouble nausea and terrible goneness and hunger which is not for food; drives one out of bed at night to get a cracker (think what a wonderful liver remedy *Sepia* is and how it has the all-gone hungry feeling). So in other remedies; *Digitalis*; in *Dig.*, signs of congestion of the liver, white stool and **slow** throbbing heart; the man who knows how to use *Dig.* never gives it for a rapid pulse; liver remedies have often an all-gone feeling in the stomach.

This remedy is a friend of the woman; great engorgement in the uterus; pain in ovaries extending to back and down the thighs; pain in back as if it would break at the waist line; hemorrhoidal complaints; either side of sacrum, pains extending down the thighs worse walking, standing.

A case in which the above symptoms were removed came back in the Fall with hay-fever; could not allow any air to be inhaled; felt like burning fire or very cold; constant sneezing; pains down the back; another dose of *Aesc.* had no more trouble with hay-fever; then came

back with light attack; constant tickling in roof of mouth; had to keep tongue moving; Wyeth. finished the case.

Uterine engorgement; leucorrhoea.

Full of rheumatism; gouty remedy; swelling of joints that last for years; swelling about old gouty nodes; gout of wrists, fingers, elbows. Hands rest upon pillows, greatly swollen, perfectly helpless. In old wind drinkers; a great palliative, a great comforter; swelling of hands to the elbows; gouty rheumatism of the extremities; in individuals who suffer from varicose veins; varicose veins and ulcers.

Catarrhal discharges with bleedings; chronic catarrh of the nose with thick, yellow discharge; jelly-like thick mucus; gnawing hunger; vomiting of bile; catarrh of the stomach; «bilious state.» Spine sensitive, sore to pressure.

Aesculus hippocastanum ***Lecture 2 (1895)***

When system fully impressed with it, we observe that it has taken a long time for its effects to have been brought about; it is slow, therefore, it is classed among the chronic remedies. Aggravations are monthly (women disturbed by it monthly). It is a chilly remedy even with its engorgement. Puffed sensation; distension; this distension has been brought about in various ways; veins; flatulence; also sensation when we cannot account for it. Heat; distension described as pressing pain, bursting fullness as if eyes pressed out; occiput, brain bursting, exploding. This creeps down the neck as if the neck were bursting; called an aching in back of neck. **Occipital headaches are striking**; seeks all positions with no relief.

Right hypochondrium; great aching, but is a fullness, distension with no relief in any position, walking and everything.

Generally worse from becoming cold; (toothache relieved by cold water). With this have aching and fullness in back and spine (with disturbance probably portal congestion, etc.).

Sleep is profound when gets to sleep; wakes confused. Sadness; with waking comes the distension.

Gnawing, all-gone sinking in pit of stomach; associated with nausea after spitting bile; while feels hunger it is not hunger; **wants to eat which relieves the gnawing** (Ars., Chel., Sep., etc.). After eating, regurgitates food (Phos., Ferr.) but no relief. Is driven to eat from pain

in stomach; this relieves (Graph., Lach., Sep.). Distension of abdomen; Aesculus produces a chronic diarrhea partly formed at first, then watery. The abdomen is sore all over as if bruised; sensitive to a jar.

Pelvic organs; all sore, engorged; stasis; distension of veins; hemorrhoids; greatly distended; prolapsus recti; soreness; violent pain after stool; great gushing hemorrhage; sticking, rending, tearing pains, feels as if rectum were full of sticks, burns like coals; cutting like knives; rectum feels full; desire for stool; with this, aching across back, sacrum and down the thighs; at the sacroiliac synchondroses have a pain wedge shaped just like the shape of sacrum, better lying down; worse chilly, walking. In pregnancy, menstruation, leucorrhoea, hemorrhoids, chronic diarrhea, we may have these pains; sometimes pain only on one side.

Aesculus has been likened to gout; striking in relation to knees, elbows and wrists; left side most often affected; these pains similar to gouty ones; worse at night.

Cardiac pains; fullness as if heart were filling up with blood; breathing difficult; labored sensation.

We have thus a chilly, hemorrhoidal, liver, gouty person.

Detail

Every time have renewal of symptoms from exertion, debility, etc., we notice first a black and then a white stool; then other symptoms come; the trouble however, comes whenever he goes on an eating spree; with getting a cold gets colics (Nux-v., Aloes., Podo., Sulph., Collin.).

Aesculus hippocastanum ***March 28, 1894***

This remedy effects the venous system. The circulation is carried on with great difficulty. A stuffed feeling about the chest and body. Puffiness of hands and feet, worse after having them in warm water. Great throbbing of heart. Labored throbbing felt to the ends of fingers. Great pulsating felt all over the body.

A dazed condition of the mind worse after sleep. Wakes from sleep in confusion. Faces and things about the room look strange. Dull aching throbbing pains in the head in sides, occiput, top (vertex). Occipital headache most marked. Dull bursting sense of fullness, heat and burning. Burning runs all through the remedy, in spine, stomach, anus, veins, feet.

Seems as if head would burst. Headaches in persons suffering from spinal irritation. Occipital headaches in women suffering from uterine trouble.

Backache intense, whole spine aches, better lying down, when weight of body is off feet. Aching in back of neck, inclination to be drawn backward. Muscles of neck feel weak, feel so tired. Stitching pains through chest, go through back under scapulae. In spine and between the scapulae, and below the scapulae all worse from breathing. Dull aching and pulsating. At waist aching as if back would break, wants to lie down. Can't walk or stand. Dull pain constant on either side of sacrum. In sacro-iliac synchondrosis may be described as pain through hips, extends into thighs.

Hemorrhoids, internal and protruding, bleeding and burning. Prolapsus of rectum with or at close of stool, which may stay until replaced with burning and bleeding. Burning stitching jagging pains as if rectum were full of sticks. Portal stasis very marked, causes feeling of fullness in liver and rectum. Dragging down pains in back with hemorrhoids, can not stand or walk. These are striking symptoms and call for Aesculus, every time. Hemorrhoidal colic, flatulent pains in bowels.

Intestinal colic, liver engorged, dull aching in right lobe. In gall bladder, gall stone colic, pains going through to back. White stool or dark stool just followed by white bileless stool. Chelidonium also has pains going through to back under shoulder blade, but Aesculus is some lower down. The two remedies are much alike. These liver affecting remedies have much in common. An all gone hungry feeling which is not for food, is very strong of

Aesculus. Even driving out of bed at night for a cracker. This hungry feeling is also a common liver symptom. Sepia has it and acts strongly on the liver. So also with Digitalis, when accompanied by a slow pulse, Hahnemann says never a rapid pulse.

Great engorgement and inflammation of the uterus. Pains in region of ovaries extending down back and thighs. Painful menses. Copious thick, yellow leucorrhea, worse standing and walking. These symptoms with hemorrhoids and pain on either side of sacrum you often see. It is Aesculus.

Hay fever, constant sneezing, can't breathe through nose for the air feels so hot or so cold, must breathe through mouth. Pain in back of neck, tickling in roof of mouth, must constantly scratch with tongue.