

- May respond beneficially to the corresponding nosode or appropriate homoeopathic drug or vaccine.

This approach implies that there are far more miasms affecting health and disease than the three as expounded by *Hahnemann*. For every group of micro-organisms and parasites *Klein* suggests there is a corresponding miasm and a number of nosodes prepared from individual micro-organisms within that group.

A very important short chapter is Identifying and Prescribing Nosodes. Here *Klein* gives us his experience on how to use the nosodes in practice. Explaining the 'near acute' and chronic effects one should appreciate in case analysis for miasm and nosode selection; the concept of paucity of symptoms and reaction-poor states.

The text then begins to dissect six miasm groups with their corresponding nosodes, some less well-known such as the *Yersinia* (plague) and *Tetanus* miasms and also further elaboration on well known miasms such as the *Tubercular*.

Each nosode is illustrated with a commentary about the organism, the nature of the disease it produces and the meanings of their names. The section entitled Clinical Focus Guide is an excellent summary that gathers all the preceding information into a useable format for the homoeopath to which is added selections from contemporary homoeopathic sources such as *Julian*, *Scholten* and others. Here *Klein* gives numerous useful clinical tips:

- *Tetanus* nosode which causes 'lockjaw' for temporomandibular joint syndromes,
- *Propionibacterium acnes* nosode for those stubborn acne and rosacea cases
- *Clostridium perfringens* as a potential treatment in the genetic disease epidermolysis bullosa.
- *Toxoplasmosis* nosode as one of the major remedies in Lymphoma and Marfan Syndrome

The book also includes a detailed recording of the proving and summary of a new nosode *Johneinum*, a bacterium that has been connected to Crohn's disease.

In some respects this book asks as many questions as it gives answers. *Hahnemann* was confronted with the phenomena of malaria, cholera, typhoid etc. These diseases were not uncommon during his time, yet he consciously excluded them from his classification of the chronic miasms. This perhaps implies he may have considered that

they are not miasms in the sense that authors, such as *Klein*, use the term.

The proving of the *Malaria* nosode is supposed to tell us about the impact of the Falciparum group of parasites. However it is made from the blood of malaria patients during the fever phase, which means it would almost entirely consist of *human* blood; and would, therefore, contain only a tiny amount of the parasite (and its DNA). Additionally, there is a dearth of reference to other human nosodes and sarcodes such as *lac humanum*.

There are a few areas in which the text would have been improved by a wider discussion on the introductory history of miasmatic theory by reference to older texts. There is also a reliance on Wikipedia as a source for information on some source notes about the various clinical conditions discussed. Some, such as how the *Toxoplasmosis* parasite may change the behaviour of infected rats making them less fearful of cats; the effect being advantageous to the parasite which will be able to sexually reproduce if the rat is eaten by the cat, are fascinating. However for a text book of this quality primary sources or standard medical textbooks would have been a more appropriate option.

This may come in volume 2, but some discussion on the use of nosodes in prevention (homoeopathic prophylaxis) of disease historically, and from his experience, would sit well in the text.

At times *Klein* takes a quantum leap when using analogy to illustrate a point. For example, since the disease tetanus is commonly transmitted via a puncture wound, the tetanus miasm patient also feels that their ego or consciousness has been punctured. Some readers will revel in this type of symbolism, others may think it is like saying *Polonium-210* suits people who think or act like spies and will be poisoned because they know too much ~ such as was the case for the Russian spy Alexander Litvinenko.

The need for such criticism is, thankfully, rare in the book. *Klein* largely proceeds from the known to the unknown; from the organism, the natural disease to the artificial disease (classical proving); from clinical records within the homoeopathic literature to his own wealth of clinical experience with the nosodes and modern sources such as *Scholten*. Indeed it is the clinical experience that *Klein* has with these nosodes which is so invaluable. He continues where *Kent* left off with his descriptions of *Tuberculinum*, bringing to life the *disposition* of the miasm and nosodes within the source through numerous case examples.

Gradually the reader gets a sense that *Klein* is an extremely astute observer, his ability to make rational connections between miasm, nosode and patient resulting in remarkable case studies, makes this book a valuable addition to the field of homoeopathic materia medica.

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Sea Remedies – Evolution of the Senses

by Jo Evans

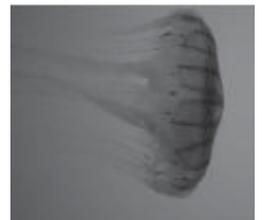
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ISBN 978-90-76189-23-9 Hardback
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From the moment I received notification that this eagerly awaited "Sea Remedy" book was finally published, I knew that we would be in for a real "treat" of a read. Having been part of an on-going Sea Remedy Group, exploring the lesser known sea remedies for several years in the UK, before my move to Australia in 2009, we had started to develop similarities and differentiation charts as well as a thematic repertory under the leadership of Gordon Adam RSHom (Bristol, UK). We had also been aware for some time of Jo Evans' considerable task in bringing together a further comprehensive collection of remedies from the Sea. When my copy arrived, I was not to be disappointed; I knew this would be a book of great substance and



not just by the weighty 658 hardback pages!

Not since Peter Tuminello's gloriously illustrated *Twelve Jewels* has there been such a beautifully photographic and intricately woven story exploring a group of remedies from so many perspectives; Mythology, Archetypes, Evolutionary Process, Senses, Natural History, scientific Classification, Materia Medica, Thematic repertory and much much more – an invitation to dive in to the depths of our own “essence” and submerge ourselves into the primordial sea of life.

This book significantly follows the release last year of *Survival; Rajan Sankaran and Sudhir Baldota's* study of the Molluscs and their sub classifications – Bivalvia, Gastropoda and Cephalopoda, which lays out the anatomy, respiratory system, life style, behaviour and expression of each group, together with a few illustrative case studies. *Jo Evans* takes the study of these groups to a much higher resonance and adds further Sea Remedy Groups: the Porifera (Marine Sponges), Cnidarians (coral, sea anemones and jelly fish), Echinoderms (starfish and sea urchins) and Marine Arthropods (lobster and horseshoe crab).

In *Evolution of the Senses* *Jo Evans* has subtly captured the signature and symbolism of each remedy within these classifications, enabling the reader to gain deep insight and a personal appreciation of the polarities, sensations, affinity and mind of each of these remedies. The whole book is thoughtfully and practically laid out – taking the reader on an exciting voyage of discovery during which one can move in many directions – dipping into specific chapters, cross referencing themes in the repertory, skipping to the “Spiral Journey” (more of that later) or just reading cover to cover.

The book opens with Baudelaire's *Correspondances* which I will quote in full; as it sets the scene masterfully for



the unfolding of this magical journey which the reader is invited to take in “Exploring the Senses”: -

At times, the living temple, Nature, allows faint whispers to filter through her sentient pillars.

Meanwhile, we thread our way through forests of symbols, where the untainted mirrors of hidden eyes, observe us all, all knowingly, as we pass.

We strain to hear her distant echoes, yielding to the communion of undivided memory, to a source vast as night and as enlightenment: an empire of correspondences where perfume, colour and sound meet in profound harmony.

Where pure scents – like that of a baby's skin; mellow as an oboe; or green, as a meadow after rain; and others, darkly compelling, heady & exultant – like ambergris, musk, benzoin and incense – an exalted chorus of infinite substance, they sing of the ascendant soul, in the unity of the senses.

An interpretation after Charles Baudelaire's Correspondances by Isabella Waterstone & Jo Evans

Nearly 50 years ago Dr *Whitmont* (1912–1988) a Jungian psychoanalyst and homœopathic physician, presented a series of lectures and professional meetings acknowledging us as “sentient” beings who are developing the understanding that our complexes are in functional correspondence not only with the code systems of our organs, but also with the informational systems encoded in the various substance patterns and field systems of the outside world. (*The Alchemy of Healing – Psyche and Substance*). *Whitmont* spent much of his life exploring the territory where mind, body and spirit intersect, synthesising and expanding upon ideas and methods drawn from diverse areas of psychology, medicine, science and religion. *Jo Evans* takes up this observation of the fusion of organism, planet, cosmos and human as a healing principal and develops this masterfully throughout this book bringing it all together in the final chapter “The Spiral Journey.”

The opening chapters “Explore the Senses”. They include: Taste and Smell, The Chemical Senses, then The Sense of Vision, The Sense of Touch and the Sense of Hearing. Each chapter relates each

sense from a scientific, mythological and physical perspective then relating each of the “senses” and the similarities and also to the individual manifestation within each sea remedy classification group.

Next follows an extensive *Materia Medica* by each of the sea remedy group classifications and then the individual remedy – Looking at the signature and symbolism, the sensations occurring within the various systems of the body, as well as a summary of where the animal appears in nature – its habitat and environment.

Finally, we arrive at a section entitled “Spiral Journey” The Homœopathic Process; this section for me is the “Jewel in the Crown,” examining the various expressions of the spiral; where we observe in nature, the archetypes and the parallels in our inner life and development, the application within the homœopathic process and how we grow and develop through our “illnesses and befallments.” Edward *Whitmont* wrote of this too as well as the emergence of ever new field patterns with their conflict and illness potential being an essential element of human existence, a precondition for maturation and growth.

Yet, homœopathic correspondences are still not officially accepted by science. Apart from within Homœopathy, only writers and artists may give notice to them. Our homœopathic remedies, a form of spiritualised matter, mirror the pattern of the emerging life energy, that of the disturbed or dis-eased energy of the patient, in order to restore equilibrium. *Jo Evans* draws the similarity of the reciprocal spirals of the DNA, the double helix, with its backbone of sugars turning to the right, and proteins twisting to the left, the energy of the patient and the remedy are complementary but mirrored forms of energy working in a reciprocal dynamic. We are encouraged to visualise this as a Caduceus – The Staff of Life which *Hahnemann* referred to as the “*Wesen*”; the “*Lebensprincip*” is the serpent and the remedy is the twin serpent spiralling the staff in mirror form. (Spiral Journey P 544 – 545)

Jo Evans also explores of the symbolism of the spirals we find within the shell remedies and we are taken “Into the Labyrinth” – How will the reconciliation of opposites leading to inner integration come about? How do the shell remedies descend into the spiral labyrinth of

shadow, anima and animus, to enter their own healing process? And why is Aphrodite their consort? (p58)

This section reviews the role of the divine feminine: Aphrodite/Venus asking for integration of both male and female balancing right and left brain. Aphrodite/Venus is ruled by Copper, one of the seven metals of the alchemist and one of the noble metals, along with silver and gold. Copper is explored as a remedy "Cuprum", its doctrine of signature and its role within shell remedies is seen as a central element. Copper is a conductor of heat and electricity and merges with other metals; its role of exchange or resistance to exchange, mirroring key themes we see in the shell remedies as well as an important physical link with respiratory and skin issues. Hippocrates used copper for pneumonia; Paracelsus used it for epilepsy, hysteria and respiratory illness. Our *Materia Medica* indicates that a person needing Cuprum will have convulsive and repressed characteristics physically and emotionally.

There then follows a useful summary of the symbolism of shells (P599), a section on "Spiral Chambers", acknowledging how life moves in cycles and how we tend to repeat our patterns until we can fully integrate and accommodate them. We are encouraged to view how our lives form spirals and though this winding process of life may at times feel slow and repetitious, it has its own divine proportions.

This book vibrates with colour sound, taste and touch; enlivening all our senses and bringing an integration of our understanding of these sea remedies as well as the experience of the Homœopathic process and correspondences.

"The wise Homeopath does not pretend to know what causes a person's suffering, nor does she comprehend the mystery that lies behind all healing.

When an event occurs which creates suffering, the homeopath remains mindful that every cause is the effect of another cause. Does the trauma produce the illness, or does the state of suffering attract trauma to itself? By not knowing the answer, she stays open to all possibilities. By refusing to think in linear terms, she is able to glimpse the invisible threads that tie all phenomena together.

The homeopath's task is simply to make associations, noticing how one thing relates to another. Gradually, she begins to understand that every single thing is connected to everything else in the universe. - Cause & Effect -from the Tao of Homeopathy - Ian Watson

This "Sea Remedy" book is much than a *Materia Medica* or reference book; it is a wonderful read in its own right utilising symbolism and mythology to help the reader to appreciate the individual remedies and key themes. This "Exploration of the Senses" offers the reader a unique opportunity to appreciate who we are, where we have

come from; the synchronicity and correspondences we find not only within the sea but also within our own lives, and within our practice of this wonderful, healing art and science – Homœopathy.

Reviewed by Jane Lindsay LicWSH
RSHom MAHA AROH - Jan 2010
151 Boundary Road, Bardon, QLD 4065
www.janelindsay.com.au
T: 07 3368 1300 M: 040775 0363

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We are planning the next issue around Case Management; the many different ways in which homœopathic medicine may be used. How flexible is your approach? How do you manage difficult or complex cases? Do you practice the way you were taught? What prescribing methods do you use? What other modalities do you use in conjunction with homœopathy ie: flower essences, dream or ancestral analysis? Have you re-written the rule book?

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